Into the Light Mental Health and Consulting Services, Inc. 201 NW 4th St. Suite 105 Evansville, IN 47708 812-454-1564 Laura Symon, MSW, LCSW, CSAT, SEP

Consent to Coaching and Consultation Agreement

I give my word that I am ready to commit to changing myself and making myself a priority. I understand that this can be challenging at first because I am doing something different. I also understand that I have the potential for great growth and change by investing in myself! I understand that it is up to me to decide how much to share and which direction to take my Coaching or Consultation meetings. I can choose to talk on the phone or on a video platform. I agree to participate in Life Coaching and/or Consultation services with Laura Symon. I understand that both of these specialties are outside of the scope of Psychotherapy and no therapeutic interventions will be employed. This means that no assessment is performed and no diagnosis will be given. I understand that Life Coaching and Consultations are not used in a court setting as no records are kept for these services. In the rare event that court services are needed, I agree to pay the same hourly fee for travel and testimony. I understand that Coaching and Consulting services are currently \$200 per 50 minute appointment and subject to change depending on the economy. A 30-day written notice will be issued if this occurs. I understand that there are no refunds for missed appointments.

Client Signature:	Date:
Client Printed Name:	